



Choosing what deserves your attention

The skill of digital agency · name: _____ · date: _____



Online content arrives quickly and often asks for an immediate reaction. Discernment gives us a pause in which to consider who made something, what it is asking from us and whether the information is reliable. We are aiming for thoughtful engagement, and we do not need to suspect everything we see.

What we are practising

By the end of this lesson, you can use three questions to decide whether online content deserves trust, needs checking or can be left behind.

During the activity

Use the filter: notes, noticings, or nothing at all. This sheet is yours.

Take it with you

Which of the three questions, such as 'Who made this and what do they want?', would be most worth pausing on when something online is built to grab attention fast?

Exit ticket · Choosing what deserves your attention

Which set of three categories did the lesson use to sort online content?

- a) True, False, Unsure
- b) Trust, Pause, Let go
- c) Like, Share, Report
- d) Fact, Opinion, Fake

I can apply three discernment questions to sort online content into what deserves trust, what needs checking, and what to let go.

☐ more than before ☐ about the same

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