



For the sake of what?

The skill of purpose · name: _____ · date: _____



When tasks and expectations pile up, it can be difficult to remember what any of them are for. Purpose asks what an action serves and whether that direction still matters to us. It can be small, uncertain and shared with others; no young person is expected to identify one grand reason for their life.

What we are practising

By the end of this lesson, you can connect an everyday action with something it may serve and describe purpose as a changing sense of direction rather than one fixed answer.

During the activity

The why ladder: notes, noticings, or nothing at all. This sheet is yours.

Take it with you

Where might you try asking "For the sake of what?" about one ordinary task this week?

Exit ticket · For the sake of what?

In this lesson, what is purpose described as?

- a) A fixed life plan that never changes
- b) A flexible sense of direction, like a compass rather than a map
- c) A list of exam results to achieve
- d) Something only adults are allowed to have

I can trace an everyday action back to what it serves by asking "For the sake of what?", and describe purpose as a flexible sense of direction.

☐ more than before ☐ about the same

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